



Headline	Pupils learn about nutrition
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# Pupils learn about nutrition

**EDUCATIONAL GAMES:** Dutch Lady teaches pupils about leading a healthy lifestyle

## C. PREMANANTHINI

IT was a fun-filled day for Year Six pupils of SK Taman Putra Perdana who participated in the Dutch Lady's Free EzyMilk Shaker dance, here, recently.

More than 300 pupils took part in a series of challenging games under the Ranger Dutch Lady Didik programme organised by The New Straits Times Press (M) Bhd and Dutch Lady Milk Industries Bhd.

The pupils were divided into 18 groups and were required to complete seven challenges in 10 minutes.

One of the tasks was to sort out ingredients used in making Dutch Lady's chocolate drink, using puzzle cards and answering questions related to the programme.

Syed Muhammad Hisham Syed Rizalman, 12, a team leader for one of the groups, was overjoyed when his team was announced the winner of the challenge.

He attributed the victory to teamwork and his teammates' ability to finish the puzzle and answer all the questions correctly in the shortest

time.

"It wasn't that difficult to solve the puzzle as it was easy and we handled it well. We are very happy to be the first team to complete this challenge.

"With good teamwork, anything is possible. I hope that Dutch Lady will be back again next year and organise more activities in our school," he said.

Dutch Lady Milk Industries Bhd marketing department brand manager Quah Ye Vian said this is the second consecutive year they are hosting the programme.

She said the objective was to cultivate interest in an interactive way and teach the pupils to lead a healthy lifestyle.

"This is our fourth year teaming up with NSTP. We believe that this programme can enhance interaction skills and instil reading habits. Having good nutrition allows pupils to remember better.

"Each year we will come up with different tasks for the students. Last year, we asked the students from SK

Bukit Kemuning to fold origami paper into the shape of a bear and complete the crossword puzzle," she said after giving out the prizes.

Quah added that Dutch Lady will sponsor and distribute 165,000 copies of educational supplement, *Didik*, to 150 selected schools nationwide for 20 weeks.

Quah also said that they will carry out the programme in another 15 schools in the Klang Valley.

Among the schools are SK Bandar Rinching in Semenyih, SK Pulau Meranti in Puchong, SK Sementa, in Kapar and SK Teluk Panglima Garang in Banting.

Present were *Berita Harian* deputy group editor Badrulhisham Othman, NSTP Sales and Distribution Release, Non-Retail Sales Department senior manager Ahmad Suhairi Samsudin, Education Ministry curriculum development division director Dr Masnah Ali Muda and headmistress Rohaidah Mohd Ali.



(From left) Quah Ye Vian, Rohaidah Mohd Ali, Dr Masnah Ali Muda, Badrulhisham Othman and Ahmad Suhairi Samsudin during the **distribution of Didik educational supplement** to pupils. Pic by Munira Abdul Ghani