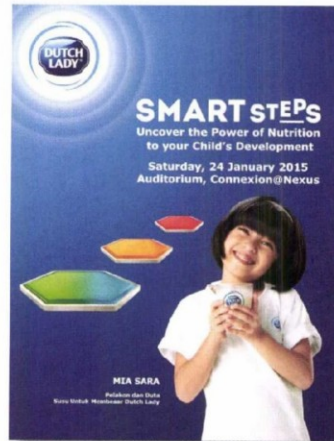




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Experts advise appropriate nutrition for every mental developmental stage

Experts in psychology, nutrition and paediatrics advise Malaysian parents to provide nutrition that matches the needs of young children's various cognitive developmental stages, so as to optimise the nutritional support for healthy mental development. Dutch Lady Malaysia's SMART STEPS -- Uncover the Power of Nutrition to your Child's Development workshop, to be held on the 25th of this month, is opened to parents with children one to six years. Learn how young brain grows and find out what are the other nutrients vital for each stage of your child's mental development; ways to stimulate your child's learning and how to better monitor your child's development with milestones. The workshop will also feature interactive and fun activities for both parents and children. Parents get to learn simple techniques on fluency building and cognitive stimulation, and how such activities can help children 'grow smarter' holistically. To register or for more information of the workshop, call toll-free line 1800-22-1233 (Monday to Friday, 10.00am to 6.00pm) or email mail@bridgespr.com.my.